



When we look back on the year

This has been a year of choices; as many of us are learning, to do more with less. We are making increasingly difficult choices on where we live, what we buy for groceries, when our cars can be fixed, how a utility bill is scheduled and so much more. We choose between a bike for our child and a dental bill. We choose less healthy over costly. We hold off on that vacation. We prioritize over-time ahead of family time.

With finite financial funds, less time and capacity, and rising costs - we are all making creative decisions on where we spend. What we buy, where we volunteer, and when we donate have all become careful considerations.

Through it all, Calgarians continue to give. [Calgary Foundation Report]

- 75% Donated
- 58% Volunteered once per year
- 16% Volunteered once per month

With so many demands on our own lives and so much need within our community, Synaptic is even more grateful for your support. With your support, we remain hopeful for the future. We are committed to ensuring people have continued access to rehabilitation options throughout their health journeys.

As we look ahead to our future, we are excited to:

- Expand our space to develop more programs and services
- Grow our team to be able to provide more therapy hours
- Provide a larger breadth of therapies
- Acquire more neuro technology to help optimize rehab outcomes

We will continue to keep our promise to you of community funded and supported care.

Thank You for choosing Synaptic

Uyen Nguyen

- Uyen Nguyen Co-Founder & Executive Director

With so many demands on our own lives and so much need within our community, Synaptic is ever more grateful for your support. Because of your choice in 2023:



171

New Clients Welcomed



280

Clients in Their Rehab Journeys Supported



12,149

Hours of Neuro Rehabilitation Provided



2,158

Student & Volunteer Hours Mentored



15

Full Time Team Members Employed



144

Sessions To Those With Financial Barriers Given

